HeyDays

AVOCADO TOAST VE* GF* SMASHED AVO, PICKLED FENNEL, WHIPPED GOAT'S CHEESE, POMEGRANATE MOLASSES, NIGELLA DUKKAH CHILLI SCRAMBLE GF* SCRAMBLED EGGS, CHILLI OIL, DRIED CHORIZO CRUMB, CHIMICHURRI, PECORINO CHEESE SOURDOUGH BUSH EGGS VE* DF* VG SUMAC BAKED CAULIFLOWER, BUTTERNUT PUMPKIN, TAHINI DRESSING, ROCKET, ROASTED ALMONDS, ROCKET, BUSH SPICE, POACHED EGGS	23 25 23	SMALLER BITES	HOUSE MADE GRANOLA VE* SEASONAL HOUSE GRANOLA, COCONUT YOGURT, HONEYCOMB & MACERATED FRUITS HEY TOASTIE DF* GF* VG TRUFFLE MUSHROOM, CHEESE, SOURDOUGH BOYSENBERRY LABNEH GF* SOURDOUGH, FRESH SEASONAL FRUITS, CANADIAN MAPLE FRIES IOMM CUT CRISPY FRIES, BUSH SALT	12 9 9 7
BAE-GEL GF* LOCAL SMOKED BACON, FRIED EGG, TOMATO RELISH, PECORINO CHEESE	16	NWO	CHORIZO BACON	7 5
MUSHROOM TOAST GF* VE* VG MIXED MUSHROOM, ONION SOUBISE, PECORINO, MUSHROOM DUST, CHILLI OIL, SOURDOUGH	24	YOUR O	HALLOUMI 5 CHICKEN KATSU 5 MUSHROOMS 3	3 5 3 5
SOBA NOODLE SALAD GF MISO CHICKEN KATSU, MIXED GREEN SLAW, FRIED ONION, SESAME DRESSING, NORI SALT SEASONING	22	BUILD Y	EGGS YOUR WAY SOURDOUGH ARTISAN JAM HOLLANDAISE HOUSE MADE SAUCES	3 3 3 3 3
HALLOUMI QUINOA & KALE SUPER SALAD VG KALE, QUINOA, ROASTED CHICKPEAS, BEETROOT RELISH, SHAVED RADISH, HALLOUMI, APPLE & BALSAMIC DRESSING	22	\sim		\sim
KINGFISH GREMOLATA GF GRILLED KINGFISH, ROMESCO, MINT & HERB GREMOLATA, TURMERIC BAKED KIPFLER POTATOES, ROASTED FENNEL	32	WE SUPPORT LOCAL & ARTISAN SUPPLIERS BREAD BAKED FRESH BY JEAN PIERRE MEAT FROM SUNVALE BUTCHERY HONEYCOMB & HONEY BY JONBEES HONEY DRUNKEN SAILOR JAMS BY JUSTIN		
PORCHETTA BENE GF BRINED PORCHETTA, POACHED EGGS, BOKCHOY, POTATO HASH & XO HOLLANDAISE	26	HAND CRAFTED CULTURED PEPE SAYA BUTTER		
BIG HEY BURGER GF* GRASS FED KIMBERLEY BEEF, OAK LEAF ,CHEESE, HOUSE MADE PICKLES & SPECIAL SAUCE ON TOASTED BRIOCHE	22	0	UR MENU CONTAINS VARIOUS ALLERGENS PLEASE HAVE A CHAT WITH OUR STAFF	\sim
POLENTA TOAST SWEET POLENTA, RICOTTA, PRALINE, RASPBERRY, MACERATED FRUIT	21		VE VEGAN VE* VEGAN OPTIONAL VG VEGETARIAN VG* VEGETARIAN OPTIONAL GF GLUTEN FREE GF* OPTIONAL HEY@HEYDAYSFLINDERS.COM.AU @HEYDAYS_FLINDERS	